

# Aspiration Awards

## First Aider

Complete a basic first aid awareness course.

Signed of by.

Date:

Prepare a presentation for your class on an element of first aid.

Signed of by.

Date:

Achieve a basic first aid certificate.

Signed of by.

Date:

Provide first aid support at a local event

Signed of by.

Date:

Join a first aid volunteers group. ie St John's Ambulance

Signed of by.

Date:

Complete Silver level award with St John's

Signed of by.

Date:

Provide regular first aid support at events

Signed of by.

Date:

Achieve Grand Prior award with St John's

Signed of by.

Date:

Attend St John's for 12 months or more

Signed of by.

Date:

Please ensure that you obtain parental permission before carrying out any of these activities.