Aspiration Awards Sports person

Train in your chosen sport regularly. At least weekly	Signed of by.	Date:
Represent a school/ local team.	Signed of by.	Date:
Attend a local competition.	Signed of by.	Date:
Watch a sport live at a national event.	Signed of by.	Date:
Show skills development. i.e. Through a series of certificates	Signed of by.	Date:
Take part in a regional competition/ event.	Signed of by.	Date:
	Signed of by.	Date:
Be part of a regional/ national team.	Digited of dy.	
Coach your skills to others.	Signed of by.	Date:
Take part in an inter/national sporting event .	Signed of by.	Date:

Please ensure that you obtain parental permission before carrying out any of these activities.

