



St Minver Canteen Summer Menu

Week 1

Home Baked Bread, Milk Fresh Salad, Fruit and Yoghurt and a selection of fillings with Jacket Potatoes are available every day

Monday	Tuesday	Wednesday	Thursday	Friday
MACARONI CHEESE WITH CHUNKY BREAD OR JACKET POTATO BEANS & PEAS *** PEACHES AND ICE CREAM	SAUSAGE CASSEROLE OR VEGGIE SAUSAGE CASSEROLE SAUTE POTATOES OR JACKET POTATO BROCCOLI & SWEETCORN *** APPLE SPONGE AND CUSTARD	ROAST CHICKEN OR QUORN ROAST WITH GRAVY ROAST POTATOES 3 SEASONAL VEG *** RHUBARB CRUMBLE & CUSTARD	PASTA BOLOGNESE OR VEGGIE MINCE BOLOGNESE WITH GARLIC BREAD OR JACKET POTATO *** FRUIT & JELLY	FISH FINGERS OR CHEESE & TOMATO QUICHE WITH CHIPS OR JACKET POTATO BEANS & PEAS *** COOKIE

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
CHEESE & TOMATO PIZZA OR JACKET POTATO BEANS & SWEETCORN *** VANILLA SPONGE	CHICKEN CURRY OR VEGETABLE CURRY WITH RICE OR JACKET POTATO CARROTS & BROCCOLI *** RICE PUDDING	ROAST GAMMON OR QUORN ROAST WITH GRAVY ROAST POTATOES 3 SEASONAL VEG *** CHOCOLATE SPONGE & CUSTARD	STEAK PASTY OR CHEESE PASTY OR JACKET POTATO PEAS & BEANS *** STEWED APPLE & CUSTARD	FISH PIE OR JACKET POTATO PEAS & BEANS *** FRUIT & ICE CREAM

Week 3

All Meat is provided by Williams Butchers of Wadebridge and meets the Farm Assured Standards

Monday	Tuesday	Wednesday	Thursday	Friday
BEANIE PASTA BAKE OR JACKET POTATO SWEETCORN & GREEN BEANS *** CHOCOLATE CRISPY CAKE	BEEF BURGER OR VEGGI BURGER WITH POTATO WEDGES OR JACKET POTATO SPAGHETTI HOOPS & PEAS *** FRUIT & JELLY	ROAST CHICKEN OR QUORN ROAST WITH GRAVY ROAST POTATOES 3 SEASONAL VEG *** APPLE CRUMBLE & CUSTARD	BEEF MEATBALLS OR QUORN BALLS IN TOMATO & PEPPER SAUCE WITH BROWN RICE OR JACKET POTATO CARROTS & BROCCOLI *** FRUIT YOGHURT	FISH & CHIPS OR PEPPER FRITTATA WITH CHIPS OR JACKET POTATO PEAS & BEANS *** MINI ICED BUN