



St Minver Canteen Summer Menu

Week 1

Home Baked Bread, Milk Fresh Salad, Fruit and Yoghurt and a selection of fillings with Jacket Potatoes are available every day

Monday	Tuesday	Wednesday	Thursday	Friday
VEGGIE SAUSAGE HOT DOG OR JACKET POTATO BEANS & PEAS *** SHORTBREAD	STICKY BBQ PORK OR STICKY BBQ QUORN WITH RICE OR JACKET POTATO BROCCOLI & SWEETCORN *** FROZEN MOUSSE	ROAST CHICKEN OR QUORN ROAST WITH GRAVY ROAST POTATOES 3 SEASONAL VEG *** APPLE CRUMBLE & CUSTARD	CHICKEN & HAM WRAP OR CRUNCHY ZINGY VEG WRAP WITH POTATO SALAD & COLESLAW OR JACKET POTATO WITH TUNA & CHEESE *** FRUIT YOGHURT	FISH PAELLA OR JACKET POTATO BEANS & PEAS *** FRUIT & ICE CREAM

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
PIZZA OR JACKET POTATO PEAS & BEANS *** VANILLA SPONGE	BEEF BURGER OR VEGGIE BURGER WITH POTATO WEDGES OR JACKET POTATO SPAGHETTI HOOPS & PEAS *** FRUIT JELLY	ROAST PORK OR QUORN ROAST WITH GRAVY ROAST POTATOES 3 SEASONAL VEG *** APPLE SPONGE & CUSTARD	CHICKEN STIR FRY OR VEGETABLE STIR FRY WITH NOODLES OR JACKET POTATO SWEETCORN & PEAS *** CHOCOLATE CRISPY CAKE	COD FILLET IN BATTER OR VEGGIE SAUSAGE WITH CHIPS OR JACKET POTATO PEAS & BEANS *** MINI ICED BUN

Week 3

All Meat is provided by Williams Butchers of Wadebridge and meets the Farm Assured Standards

Monday	Tuesday	Wednesday	Thursday	Friday
MACARONI CHEESE OR JACKET POTATO BROCCOLI & CARROTS *** FLAPJACK	BEEF TACO OR VEGGIE MINCE TACO WITH CRISPY POTATOS OR JACKET POTATO GREEN BEANS & SWEETCORN *** FRUIT & ICE CREAM	ROAST CHICKEN OR QUORN ROAST WITH GRAVY ROAST POTATOES 3 SEASONAL VEG *** PEACH CRUMBLE & CUSTARD	STEAK & CHEESE PASTY OR JACKET POTATO BEANS & PEAS *** BERRY FOOL	FISH FINGERS OR PEPPER FRITTATA WITH CHIPS OR JACKET POTATO PEAS & BEANS *** COOKIE

Complied with the support of

