

# FOOD FESTIVAL

By Aspens

Spring / Summer 2022

7/3, 28/3, 18/4, 9/5, 30/5, 20/6, 11/7

## WEEK ONE

### MONDAY Authentic Italian

Option 1

**BBQ Chicken Pizza**  
Crudites

Option 2

**Margherita Pizza**  
Crudites

Potatoes &  
Pasta

Hot Tomato Pasta with Cheese or Crispy Skin Jacket Potato with Tasty Toppings available daily

The Finale

Warm Pineapple  
with Vanilla Ice  
Cream

### TUESDAY Family Faves

**Beef Burger  
in a Bun**  
Oven Baked  
Wedges  
Coleslaw

**Super Veggie  
Burger  
in a Bun**  
Oven Baked  
Wedges  
Coleslaw

Sticky  
Gingerbread  
Cake

### WEDNESDAY Baking British

**Roast Gammon**  
Roasties and  
Fresh Vegetables  
Gravy

**Veggie Sausage &  
Summer Veg  
Traybake**  
Roasties and  
Fresh Vegetables  
Gravy

Chocolate  
Brownie

### THURSDAY Food Festival

**Chicken Tikka  
Biryani**  
Wholegrain Rice  
Coconut Green  
Beans

**Roasted Sweet  
Potato Dhal**  
Wholegrain Rice  
Coconut Green  
Beans

Strawberry Mousse  
with Peach

### FRIDAY Fun Day

**Fish Fingers**  
Salmon or Pollock  
Chips and  
Baked Beans

**Baked Beans &  
Vegetable Dippers**  
Chips

Oat Cookie

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

▲ Meat

▼ Veggie

◆ Jacket Potato

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21/2, 14/3, 4/4, 25/4, 16/5, 6/6, 27/6, 18/7

WEEK TWO

## MONDAY Authentic Italian

Option 1

**Creamy Chicken Pasta Bake**

Whole Grain Penne  
Garlic Slice  
Green Salad

## TUESDAY Family Faves

**BBQ Pulled Pork & Mash**

Carrots

## WEDNESDAY Baking British

**Roast Chicken & Stuffing**

Roasties and  
Fresh Vegetables  
Gravy

## THURSDAY Food Festival

**Beef Lasagne**

Potato Wedges  
Rainbow Slaw

## FRIDAY Fun Day

**Baked Breaded Fish**

Chips and  
Mushy Peas

Option 2

**Veggie Bolognese**

Whole Grain Penne  
Garlic Slice  
Green Salad

**Baked Bean & Veggie Sausage Cowboy Pie**

Carrots

**Cheese & Spring Onion Pastry Slice**

Roasties and  
Fresh Vegetables  
Gravy

**Veggie Nachos & Cheese**

Potato Wedges  
Rainbow Slaw

**Carrot & Potato Cakes Homemade Tomato sauce**

Chips and  
Mushy Peas

Potatoes & Pasta

Hot Tomato Pasta with Cheese or Crispy Skin Jacket Potato with Tasty Toppings available daily

The Finale

**Peach Puff Pastry Slice & Custard**

**Rice Krispie Cakes**

**Chocolate & Marshmallow Cake**

**Apple Pie & Custard**

**Fruity Flapjack**

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

▲ Meat

▼ Veggie

◆ Jacket Potato

# FOOD FESTIVAL

By Aspens

Spring / Summer 2022

28/2, 21/3, 11/4, 2/5, 23/5, 13/6, 4/7,

## WEEK THREE

### MONDAY Authentic Italian

Option 1

Meatball, Pasta & Garlic Bread  
Traybake  
Sweetcorn ▲

### TUESDAY Family Faves

Sticky Baked Bangers & Mash  
Green Beans  
Gravy ▲

### WEDNESDAY Baking British

Roast Chicken & Stuffing  
Roasties and Fresh Vegetables  
Gravy ▲

### THURSDAY Food Festival

Honey & Soy Chicken Stir Fry  
Wholegrain Rice  
Broccoli ▲

### FRIDAY Fun Day

Fish Fingers  
Salmon or Pollock  
Chips and Peas

Option 2

Tomato & Mozzarella Gnocchi  
Garlic Slice  
Sweetcorn ▼

Sticky Veggie Bangers & Mash  
Green Beans  
Gravy ▼

Quorn Roast  
Roasties and Fresh Vegetables  
Gravy ▼

Crunchy Topped Macaroni Cheese  
Broccoli ▼

Veggie Croquettes  
Chips and Peas ▼

Potatoes & Pasta

Hot Tomato Pasta with Cheese or Crispy Skin Jacket Potato with Tasty Toppings available daily ◆

The Finale

Chocolate Mousse with Mandarin

Sticky Toffee Pudding & Custard

Vanilla Sprinkle Sponge

Apple Crumble with Custard

Ginger Cookie

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

▲ Meat

▼ Veggie

◆ Jacket Potato