

All About Me by

About Me

My	name	is	•••
Write yo	our name here.		

I can	
draw a picture	put on my coat
write my name	odo up my coat
go to the toilet by myself	put on my shoes
use a knife and fork	

Me and my family Draw a picture or stick pictures of people who are important to you.

More about me

I like to

What do you enjoy doing?

My favourite rhymes and stories....

My favourite toys....

Things I am good at

Draw some things or get an adult to write a list of the things you are really good at.

My friends are

Who do you like playing with?

More about me

I don't like ...

What do you not like doing?

I need help with

Things that worry me ...

Is there anything that worries you?

If I'm upset, I

I rarely cry unless I'm hurt, I don't like to be cuddled if I get upset.

Special things I need

Dietary requirement, healthcare plan, other information that is important (eg confidence with adults and children).

Colouring sheet

Trace over the dotted lines and colour in the picture.

